

# Southern Living®

*Mmm!*  
**Nutter  
Butter  
Banana  
Pudding**

**CHARLESTON:**  
*Editors' Guide  
For Where To  
Eat Now*

**A Family  
Friendly  
Front Yard**

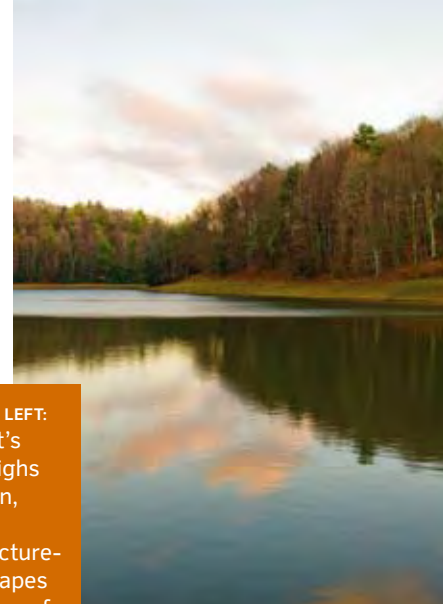
**SUPERFAST  
SUPPERS**

**Light & Bright  
Colorful  
Rooms**

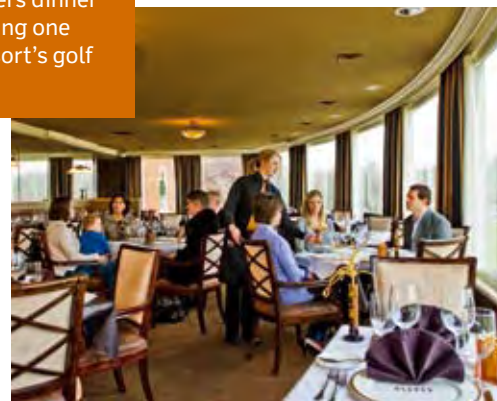


# In the Groove at Glade

Wrap yourself in a mountain mood—we bet it'll range from mellow to active. By **Karen Lingo**



CLOCKWISE FROM LEFT: Ned, the resort's Percheron, weighs more than a ton, but he's a real sweetheart. Picture-perfect landscapes abound this time of year. Glade's Grill & Bar offers dinner overlooking one of the resort's golf courses.



**T**his tiny, tiny month offers you multiple holidays to escape the dreary drone of winter. In fact, a bit of chilly air makes The Resort at Glade Springs all the more cozy.

The mountains of southern West Virginia wrap around you, protective and provocative. You can scurry to the nearest fireplace or put on a layer or two and enjoy a round of golf, a horseback ride, or a brisk walk. If the snow happens to fall, you're just down the road from the slopes at Winterplace Ski Resort.

**Near Yet Far Away** A little more than a one-hour drive from Charleston, West Virginia, and a five-hour drive from Washington, D.C., The Resort at Glade

Springs takes you a million miles away from everyday cares. The low-key atmosphere allows you to be as active as you like or do nothing at all.

Settle into a comfy room at the inn, or choose a manor house for more space. Another option, a unit in the Chestnut Hill Lodges, available with a fully equipped kitchen, offers a cozy in-between.

**Nature and Nurture** If you're there on one of those milder days this month (they happen!), you can perfect your fly-fishing technique, take a carriage ride, or amble the acres. If the weather turns nippy, head to the Leisure Center for indoor swimming or tennis, bowling, or a movie. While there, treat yourself to

an aromatherapy treatment at Spa Orange, guaranteed to refresh your body and spirit.

In the evening, linger over a fabulous meal at Glade's Grill & Bar, an intimate restaurant with a view of one of the resort's golf courses. Be sure to make reservations, and if you enjoy good beef, order the tenderloin or New York strip.

Finally, at day's end, when the shadows melt solidly over the landscape, tuck back into another snug night in the mountains. ●

**The Resort at Glade Springs:** 255 Resort Drive, Daniels, WV 25832; [www.gladesprings.com](http://www.gladesprings.com) or 1-866-611-7839. **Rates:** start at \$150 in lodges, \$168 in manor houses, \$183 for the inn; includes breakfast.

## Golf? Now?

"I've played golf in the morning and skied in the afternoon," says Mike James, director of golf and recreation. "It is entirely possible to play at this time of year." He tempts the diehard linkster with the Cobb and Stonehaven Courses and promises the completion of the Woodhaven Course at the end of the year.